



When the Big Event is Unforgettable

Harnessing Failure for Fresh Growth

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Flourishing One Year from Today...

The Look:

The Feel:

The Taste:

The Sound:

The Smell:

Your Best Future is Discovered through your Worst Failures

*Failure is a part of creating
something extraordinary.
Embrace the mess; it's where
the magic happens.*
– Brené Brown



What's Your (Failure) Story?



My View

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The Guest's View

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1. Failure Invites a New *Perspective*

*"The greatest teacher,
failure is." – Yoda*



The Root Word for “Anxiety”

Angere - to choke or squeeze

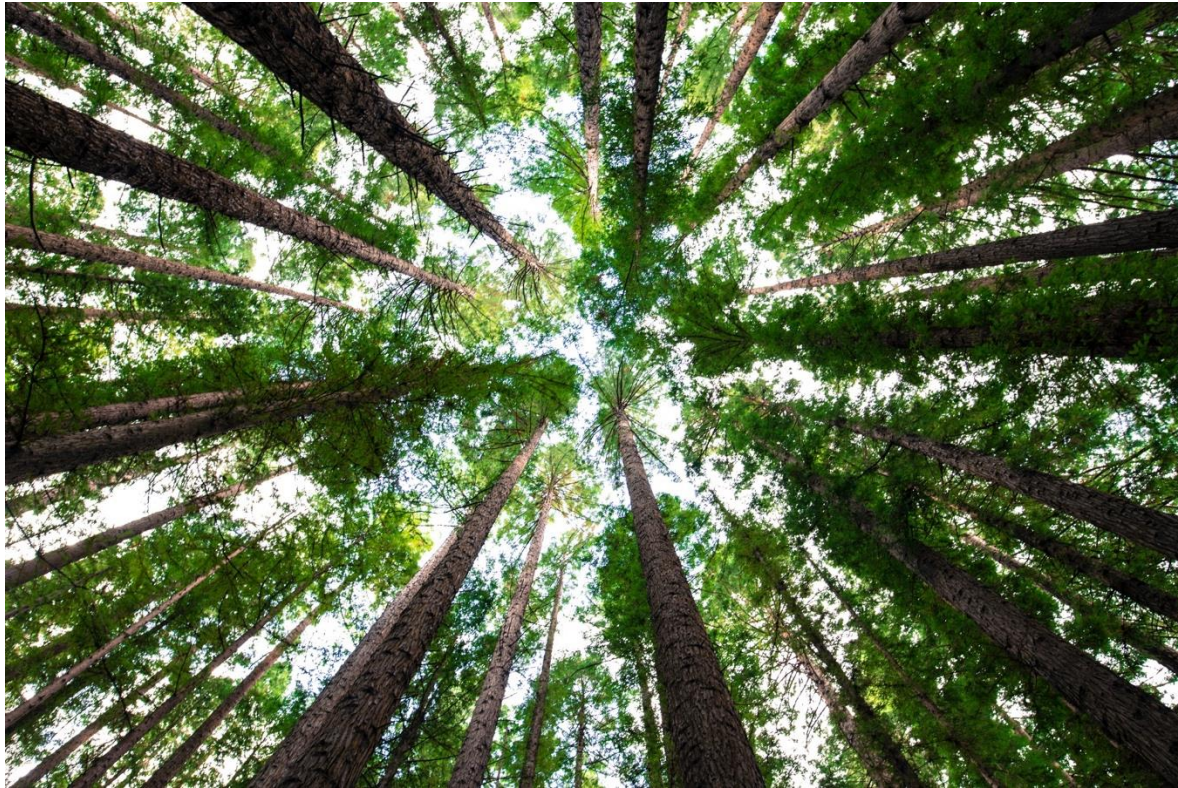
The Root Word for “Breathe”

Spiritus - spirit, soul

How to See the New Perspective



Box Breathing



New Perspective Unfolding



List Three Ways Your Failure is a Gift



Failure Invites...

New Perspective



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What's Your (Failure) Story?



My Story Continued...



2. Failure Invites Your (Signature) Story

*Your failure is not your identity.
It's a story you're rewriting into
a victory. – Jay Shetty*



If there's a break, there's **emotion**.

If there's emotion, there's **heart**.

If there's heart, there's **vulnerability**.

If there's vulnerability, there's
resonance.

If there's resonance, there's **impact**.

Failure Invites a...

New Perspective

New Story



3. Failure Invites Your Focus

"Pain is part of the process. It teaches you what's worth struggling for." – Mark Manson



Mark Manson

Everything worthwhile in life is won through surmounting the associated negative experience. Any attempt to escape the negative, to avoid it or quash it or silence it, only backfires.

The avoidance of suffering is a form of suffering. The avoidance of struggle is a struggle. The denial of failure is a failure.

Two Questions

“What is *more* important for you because of your failure?”

“What is *less* important for you because of your failure?”

Failure Invites a...

New Perspective

New Story

Stronger Focus

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Flourishing One Year from Today...

What is the relationship between your *failure story* and your *flourishing story*?

What's your next step?





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